

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2015

Inspirit Residences

<p>10:30 Coffee Hour-SD 2:00 Church Service-C 6:30 Documentary Hour-GR</p>	<p>4</p> <p>Nails with Mirium - S 5</p> <p>10:00 Fun and Fitness-E 10:30 Coffee Hour with Liberal Candidate Kate Young for London West-DR 2:30 Bingo-GR</p>	<p>6</p> <p>9:00 Grocery Shop- S 10:00 V.O.N Exercise- E 10:30 Coffee Hour- SD 11:00 Scrabble Club- GR 2:30 Jumbo Crossword Puzzles with Amanda-GR</p>	<p>7</p> <p>10:00 V.O.N Exercise- E 10:30 Coffee Hour- SD 1:00 Art Class with Cathy-A 2:30 Entertainment with Dan the Man a Country Performer-GR 6:30 Documentary Hour-GR</p>	<p>8</p> <p>10:00 Bible Study-C 10:30 Coffee Hour- SD 11:30 Lunch Bunch- S Boss Hogs 2:15 Walking Club-S 3:30 Tai Chi- E 7:30 Variety of Cards- SD</p>	<p>9</p> <p>9:00 Drop and Shop- S 10:00 V.O.N Exercise- E 10:30 Coffee Hour- SD 2:00 Movie Matinee <i>Resident's Choice</i></p>	<p>3</p> <p>10:30 Coffee Hour- SD 2:00 Afternoon Tea- SD 2:30 Postcard Club with Catherine-GR Weekend Puzzles ~ Mailbox locations</p>
<p>11</p> <p>10:30 Coffee Hour-SD 2:00 Church Service-C 6:30 Documentary Hour-GR</p>	<p>12</p> <p>10:30 Fun and Fitness is Canceled today 10:30 Coffee Hour-SD Thanksgiving Dinner 4:00 Dinner 1st Seating 6:00 Dinner 2nd Seating Please RSVP with the Kitchen</p> <p><small>Columbus Day (US) Thanksgiving Day (Canada)</small></p>	<p>13</p> <p>9:00 Grocery Shop- S 10:00 V.O.N Exercise- E 10:30 Coffee Hour- SD 11:00 Scrabble Club- GR 2:30 Social Committee with Amanda-SD</p>	<p>14</p> <p>10:00 V.O.N Exercise- E 10:30 Coffee Hour- SD 1:00 Art Class with Cathy-A 2:30 Yurek Tune Up-GR 6:30 Documentary Hour-GR</p>	<p>15</p> <p>10:00 Bible Study-C 10:30 Coffee Hour- SD 11:30 Lunch Bunch- S Montanas Cookhouse 3:30 Tai Chi- E 7:30 Variety of Cards- SD</p> <p><i>*Last day to sign up for pies</i></p>	<p>16</p> <p>9:00 Drop and Shop- S 10:00 V.O.N Exercise- E 10:30 Coffee Hour- SD Pet Therapy ~Kate and Marley visit 2:00 Movie Matinee- GR Wizard of Oz</p>	<p>10</p> <p>10:30 Coffee Hour- SD 2:00 Afternoon Tea- SD Weekend Puzzles ~ Mailbox locations</p>
<p>18</p> <p>10:30 Coffee Hour-SD 2:00 Church Service-C 6:30 Documentary Hour-GR</p>	<p>19</p> <p>10:00 Fun & Fitness-E 10:30am-8pm Elections Canada-GR & C Open to the public and residents 10:30 Coffee Hour-SD</p>	<p>20</p> <p>9:00 Grocery Shop- S 10:00 V.O.N Exercise- E 10:30 Coffee Hour- SD Supporting the Alzheimer Society at Inspirit-SD 11:00 Scrabble Club- GR 2:30 Cabaret Music and Magic-GR</p>	<p>21</p> <p>10:00 V.O.N Exercise- E 10:30 Coffee Hour- SD 1:00 Art Class with Cathy-A 2:00 Men's Only Outing Country drive followed by a coffee shop-S 6:30 Documentary Hour-DR</p>	<p>22</p> <p>10:00 Bible Study-C 10:30 Coffee Hour- SD 11:30 Lunch Bunch- S SpartaHouse Tea Room 3:30 Tai Chi- E 4:00 Living with Loss- C 7:30 Variety of Cards- SD</p>	<p>23</p> <p>9:00 Drop and Shop- S 10:00 V.O.N Exercise- E 10:30 Coffee Hour- SD 2:30 Fall Harvest Flower Arranging-S</p>	<p>17</p> <p>10:30 Coffee Hour- SD 2:00 Afternoon Tea- SD 2:30 Pumpkin Carving and Fall Festivities with Catherine-GR Weekend Puzzles ~ Mailbox locations</p>
<p>25</p> <p>10:30 Coffee Hour-SD 2:00 Church Service-C 6:30 Documentary Hour-GR</p>	<p>26</p> <p>10:00 Fun & Fitness-E 10:30 Coffee Hour-SD 2:30 Slide presentation with Ruth Dettmer: "The Fjords of Norway by Coastal Steamer and Finland"-GR</p>	<p>27</p> <p>9:00 Grocery Shop- S 10:00 V.O.N Exercise- E 10:30 Coffee Hour- SD 11:00 Scrabble Club- GR 2:30 Halloween "Cookie Bouquet" decorating-DR</p>	<p>28</p> <p>Foot Care</p> <p>10:00 V.O.N Exercise- E 10:30 Coffee Hour- SD 1:00 Art Class with Cathy-A 2:30 Birthday Celebrations with Jim Ashby-GR 6:30 Documentary Hour-DR</p>	<p>29</p> <p>10:00 Bible Study-C 10:30 Coffee Hour- SD 11:30 Lunch Bunch- S Swiss Chalet 3:30 Tai Chi- E 4:00 Living with Loss cancelled 4:00 The Gallery-GR 7:30 Variety of Cards- SD</p>	<p>30</p> <p>9:00 Drop and Shop- S 10:00 V.O.N Exercise- E 10:30 Coffee Hour- SD 2:30 Movie Matinee-GR <i>Big</i></p>	<p>24</p> <p>10:30 Coffee Hour- SD 2:00 Afternoon Tea- SD Weekend Puzzles ~ Mailbox locations</p>
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